

KIDS ACTIVITIES TIMETABLE
at the Fresh Sports Centre

Day	Time	Club	Age	Cost
TUESDAY	5.15PM-6.15PM	FRESH KIDS FOOTBALL	5-12 YRS	£5.50
WEDNESDAY	5.15PM-6.15PM	ROLLER SKATING	6-12 YRS	£5.50
THURSDAY	5.15PM-6.15PM	OBSTACLE COURSE FUN & FITNESS	5-12 YRS	£5.50
FRIDAY	7PM-8.15PM	ROLLER DISCO	7-12 YRS	£5.50

Fresh Kids Football	A great way to learn team skills, while having fun! Children will also learn skills like dribbling, passing, shooting, rules of the game, and much more!
Roller Skating	Practice your roller skating skills in a fun environment with music and games. Skates and safety equipment provided.
Obstacle Course Fun & Fitness	Come and try this exciting, challenging and fun programme. Helping you learn the skills and find the strength to conquer the course! Keeping kids fit and healthy through fun and games.
Roller Disco	Experience the disco with sparkly disco ball, colourful lights and all your favourite music. Bring your friends! Skates and safety equipment provided.